

Date: 14.06.2022

Daily Report of Yoga fortnight

1. Yoga - 23 persons participated in Yoga session from 9AM to 11 AM at Industrial Cluster- ROCA Parryware Pvt Ltd MIA, Alwar and 13 persons participated in Yoga session from 7:30 AM to 8:30 AM at Hospital.
2. Health Check-UP Camp - 23 Persons attended from 9AM to 11 AM at Industrial Cluster- ROCA Parryware Pvt Ltd MIA, Alwar and 15 persons attended at Hospital.
3. Health Talk - Total 75 Persons Attended in Health Talk program at ESIC Medical College and Hospital, Alwar.
Topic- Effect of Yoga on Vision/Eye Disease.
Speaker - Dr. Chandresh Nandwana, Asst. Prof., Ophthalmology Department.
4. Cleanliness Drive -
 - a. Basti-Desula, Alwar District, Rajasthan - Done by Nodal officer Dr. Saroj Kumar Suman and Supervisor (Housekeeping) Sh. Suresh and Tejsingh along with housekeeping team.
 - b. Hospital -Infront of Type-5 Quarters, ESIC MC&H, Alwar Rajasthan - Done by Nodal officer Dr. Saroj Kumar Suman and Supervisor (Housekeeping) Sh. Suresh and Tejsingh along with housekeeping team.

All the photos of Above program are attached as PDF with this document.

Fortnight Activities Report on IDY-2022

Date: 14.06.2022

Name of the Location : **ESIC Medical College and Hospital, Alwar (Raj.)**

1 Number of persons attended in yoga session :

At Hospital : 13
At Industrial cluster : 23
Total : 36

2 Health Check-up camp:

:
Number of persons attended at Hospital : 15
Number of persons attended at industrial cluster: : 23
Total number of persons attended at industrial cluster : 38

3 Health talk

:
Subject : Effect of Yoga on Vision/Eye Disease
Number of persons attended : 75

4 Cleanliness drive

:
Name of the Basti : Desula, Alwar